



Swim Ulster

Primary Schools Cup & Championships 2025

Meet Information

Saturday 1st March 2025

Lagan Valley Leisureplex, Lisburn

Swim Ulster Primary Schools Cup & Championships 2025

Meet Information

Date	Saturday 1 st March 2025
Venue :	<p>Lagan Valley Leisureplex 18 Lisburn Leisure Park Lisburn BT28 1LP</p> <p>The gala will be run in Short Course (25m) Format at the 8 Lane Pool at Lagan Valley Leisureplex, 18 Lisburn Leisure Park, Lisburn, BT28 1LP. This gala will be a fully licenced Swim Ulster Gala and all participants will be covered by Swim Ulster Insurance.</p>
Entries to :	<p>Swim Ulster, Aurora Aquatic & Leisure Complex, 3 Valentine Road, Bangor, BT20 4TH</p> <p>Entries will be accepted in the following format</p> <ul style="list-style-type: none"> - Electronically on the attached JotForm links (Payment by Debit / Credit Card or PayPal) – if using this method a Permission Form must be completed and signed by the School. <ul style="list-style-type: none"> Individual Entries – https://form.jotform.com/swimulster/SUPrimarySchoolsCup2025-Individual Relay Entries – https://form.jotform.com/swimulster/SUPrimarySchoolsCup2025-Relay - Entry Form fully completed and posted along with the full payment to the Swim Ulster Office - Entry Form fully completed, scanned and emailed to admin@swimulster.com and a bank transfer completed for the full amount to the Swim Ulster bank account – please put your School Name as the Reference for the payment. <p>Danske Bank Stg Payments – Sort Code 950132 – Account Number 22780453 Euro Payments – Swift Code / BIC : DABAGB2B - IBAN :GB44 DABA 9501 3230 1327 13</p> <p>In all cases, entries will not be processed until payment and permission forms have been received. <u>We cannot accept entries for swimmers without consent from their school.</u></p> <p>The closing date for entries is 5pm on Wednesday 19th February 2024.</p> <p>All information regarding the Swim Ulster Primary Schools Cup & Championships 2025 will be posted on the Swim Ulster Website – www.swimulster.com.</p>
Events :	<p>The Age Up Date for this gala is 31st August 2025.</p> <p>Group 1 – 9 – Born 1st September 2015 to 31st August 2016 Group 2 – 10 – Born 1st September 2014 to 31st August 2015 Group 3 – 11 – Born 1st September 2013 to 31st August 2014 Group 4 – 12 – Born 1st September 2012 to 31st August 2013</p> <p>All events are Heat Declared Winner</p> <p>50m Backstroke, Breaststroke, Butterfly, Freestyle (Groups 1-4) 100m Individual Medley (Groups 3 & 4). A swimmer can swim a maximum of 2 individual events.</p>

	<p>Relays – 4 x 50 Free & Medley Team Relays (9/10yrs, 9-12yrs)</p> <p>Swimmers may swim in an older age group but at least one team member must be in the correct age group. A swimmer can swim a maximum of 2 relays – these do not need to be in the same age group.</p>
Awards :	<p>Medals will be awarded for 1st, 2nd & 3rd Place in each Age Group as follows:</p> <p>Group 1 Group 2 Group 3 Group 4</p> <p>Swim Ulster Schools Cup The Swim Ulster Primary Schools Cup will be awarded in the following Groups – Group 1-3 (Open & Female), Points will be awarded for the top ten heat swims in each individual event from 20pts – 2pts with only the top 2 swimmers per school in age group counting. In the event of a tie, the cup will be awarded to the school with the most 1st Place finishes in the heats.</p>
Entry Fee :	<p>£6 / €7 per individual event - £12 / €14 per relay event All cheques should be made payable to Swim Ulster Ltd</p>
Officials :	<p>To ensure the smooth running of the event each school MUST provide officials for each session to help with timekeeping / turn judge - where a school has more than 10 swimmers that school may be asked to provide more officials. Swim Ulster will provide the key officials for each session. Swim Ulster will circulate an Officials Roster during the week before the Championships.</p>
Timing :	<p>Electronic Timing and Hy-tek Meet Manager software will be used.</p>
Withdrawals :	<p>Withdrawals should be made by email by 12 midday on Friday 28th February 2025 – no refunds will be given for withdrawals.</p>
Facilities :	<p>Parking & Catering are available at the venue. The diving pool will be available for warm up and cool down throughout the event.</p>
Enquiries	<p>All enquiries should be sent by email only to admin@swimulster.com Entry reports and further information will be posted on the Swim Ulster website before the start of the gala – www.swimulster.com</p>
Selections :	<p>Irish Minor Schools Swimming Championships – 30th March 2025 – NAC Dublin</p> <p>Swimmers can qualify for the Irish Minor Schools Championships 2025 at the Swim Ulster Primary Schools Cup & Championships 2025. All Swimmers qualifying for this event can obtain the QR code to enter at our Enquiry Desk in Reception at Lagan Valley Leisureplex on Saturday 1st March 2025. Entries must be completed by 3.3.25. Late entries WILL NOT be accepted by Swim Ireland. Qualifying swimmers will be marked on the results sheets posted at the event.</p>
Closing Date	<p>5pm on Wednesday 19th February 2025.</p>



SWIM ULSTER PRIMARY SCHOOLS CUP & CHAMPIONSHIPS 2025

ORDER OF EVENTS

Saturday 1st March 2025

****Session times may be changed if there are a large number of entries**

Session 1 - Saturday AM - Groups 1 & 2		
Warm Up Female 8.30am – Warm Up Open 8.55am		
Start 9.30am**		
Event No	Event	
1	Female 9-10 50m Freestyle	HDW
2	Open 9-10 50m Freestyle	HDW
3	Female 9-10 50m Breaststroke	HDW
4	Open 9-10 50m Breaststroke	HDW
5	Female 9-10 50m Backstroke	HDW
6	Open 9-10 50m Backstroke	HDW
7	Female 9-10 50m Butterfly	HDW
8	Open 9-10 50m Butterfly	HDW
9	Female 9-10 4 x 50 Medley Team Relay	HDW
10	Open 9-10 4 x 50 Medley Team Relay	HDW
11	Female 9-10 4 x 50 Freestyle Team Relay	HDW
12	Open 9-10 4 x 50 Freestyle Team Relay	HDW

Session 2 - Saturday PM - Group 3 & 4		
Warm Up Female 1pm – Warm Up Open 1.25pm Start 2pm**		
Event No	Event	
13	Female 12&u 4 x 50 Medley Team Relay	HDW
14	Open 12&u 4 x 50 Medley Team Relay	HDW
15	Female 12&u 4 x 50 Freestyle Team Relay	HDW
16	Open 12&u 4 x 50 Freestyle Team Relay	HDW
17	Female 11-12 50m Freestyle	HDW
18	Open 11-12 50m Freestyle	HDW
19	Female 11-12 50m Breaststroke	HDW
20	Open 11-12 50m Breaststroke	HDW
21	Female 11-12 50m Backstroke	HDW
22	Open 11-12 50m Backstroke	HDW
23	Female 11-12 50m Butterfly	HDW
24	Open 11-12 50m Butterfly	HDW
25	Female 11-12 100IM	HDW
26	Open 11-12 100IM	HDW



Criteria for Swim Ulster Primary Schools Cups 2025

Swim Ulster Schools Cups will be awarded in the following categories:

Groups 1-3

The Clarke Primary Schools Cup for Female Swimmers

The Cummings Primary Schools Cup for Open Swimmers

Points will be awarded for the top ten heat swims in each individual event from 20pts – 2pts with only the top 2 swimmers per school in age group counting. In the event of a tie, the cup will be awarded to the school with the most 1st Place finishes in the heats.

Irish Minor Schools Championships 2025

Sunday 30th March 2025 - National Aquatic Centre, Dublin

AGES ARE AS AT 31ST AUGUST 2025

Order of Events & Qualifying Times

Session 1				
Warm up 8.30am. Session starts 9.30am*				
			<i>QT Group 1 (Age 9)</i>	<i>QT Group 2 (Age 10)</i>
1	Girls	50 Freestyle	50.00	48.00
2	Boys	50 Freestyle	50.00	46.00
3	Girls	50 Breaststroke	1.05.00	59.00
4	Boys	50 Breaststroke	1.05.00	57.00
5	Girls	4x50 Medley Relay	one team	one team
6	Boys	4x50 Medley Relay	one team	one team
<i>ALL EVENTS ARE HDW</i>				
7	Girls	50 Backstroke	1:00.00	56.00
8	Boys	50 Backstroke	1:00.00	55.00
9	Girls	50 Butterfly	1.05.00	58.00
10	Boys	50 Butterfly	1.05.00	56.00
11	Girls	4x50 Free Relay	one team	one team
12	Boys	4x50 Free Relay	one team	one team
<i>ALL EVENTS ARE HDW</i>				

Session 2				
Warm up 2.30pm. Session starts 3.30pm*				
			<i>QT Group 3 (Age 11)</i>	<i>QT Group 4 (Age 12)</i>
13	Girls	100 IM	1.53.00	1.48.00
14	Boys	100 IM	1.49.00	1.40.00
15	Girls	50 Freestyle	40.00	38.00
16	Boys	50 Freestyle	39.00	36.00
17	Girls	50 Breaststroke	52.00	50.00
18	Boys	50 Breaststroke	52.00	48.00
19	Girls	4x50 Medley Relay	one team	one team
20	Boys	4x50 Medley Relay	one team	one team
<i>ALL EVENTS ARE HDW</i>				
21	Girls	50 Backstroke	48.00	45.00
22	Boys	50 Backstroke	46.00	43.00
23	Girls	50 Butterfly	55.00	50.00
24	Boys	50 Butterfly	52.00	48.00
25	Girls	4x50 Free Relay	one team	one team
26	Boys	4x50 Free Relay	one team	one team
<i>ALL EVENTS ARE HDW</i>				

TIMES MUST HAVE BEEN ACHIEVED AT REGIONAL MINOR SCHOOLS AND ALL ENTRIES WILL BE CHECKED AGAINST THOSE RESULTS.

Results which have the letters IMS after them at the Swim Ulster Schools Cup & Championships on 1.3.25 have qualified for Irish Minor Schools 2025