



**SWIM
ULSTER**



Swim Ulster Senior Schools Cup & Championships 2025

Meet Information

Friday 6th February 2026

Bangor Aurora



Swim Ulster Senior Schools Cup & Championships 2026

Meet Information

Date:	Friday 6 th February 2026
Venue:	<p>Aurora Aquatic & Leisure Complex 3 Valentine Road Bangor BT20 4TH</p> <p>The gala will be run at the 10 Lane Olympic Pool at Aurora Aquatic & Leisure Centre, 3 Valentine Road, Bangor BT20 4TH. This gala will be a fully licenced Swim Ulster Gala and all participants will be covered by Swim Ulster Insurance.</p> <p>It is planned to run this event in 50m Format – however, Swim Ulster reserves the right to run this event in either 25m or 50m format depending on the pool floor configuration at Aurora at the time of the event.</p>
Entries to:	<p>Swim Ulster, Aurora Aquatic & Leisure Complex, 3 Valentine Road, Bangor, BT20 4TH</p> <p>Entries will be accepted in the following format:</p> <ul style="list-style-type: none">- Electronically on the attached JotForm links (Payment by Debit / Credit Card or PayPal) <p>Individual Entries https://pci.jotform.com/swimulster/SUSeniorSchoolsCup2026-Individual</p> <p>Relay Entries https://pci.jotform.com/swimulster/SUSeniorSchoolsCup2026-Relay</p> <ul style="list-style-type: none">- Entry Form fully completed and posted along with the full payment to the Swim Ulster Office- Entry Form fully completed, scanned and emailed to admin@swimulster.com and a bank transfer completed for the full amount to the Swim Ulster bank account – please put your School Name as the Reference for the payment. <p>Entry Times must be included on the Entry Form.</p> <p>The closing date for entries is 5pm on Wednesday 21st January 2026. Where possible all entries for a school should be submitted together.</p> <p>In all cases, entries will not be processed until payment and permission forms have been received. We cannot accept entries for swimmers without consent from their school.</p> <p>Danske Bank Stg Payments – Sort Code 950132 – Account Number 22780453 Euro Payments – Swift Code / BIC : DABAGB2B - IBAN :GB44 DABA 9501 3230 1327 13</p> <p>All information regarding the Swim Ulster Schools Cup & Championships will be posted on the Swim Ulster Website – www.swimulster.com.</p>
Events:	<p>Ages are calculated based on the swimmers age on 31st August 2026</p> <p>Group 5 - Junior: age 12-14; born 1st September 2011 to 31st August 2014 Group 6 - Inter: age 15-16; born 1st September 2009 to 31st August 2011 Group 7 - Senior: age 17-19; born 1st September 2006 to 31st August 2009</p> <p>100m Backstroke, Breaststroke, Butterfly, Freestyle (Groups 5,6 & 7) 200m Individual Medley (Groups 5,6 & 7) 400m Freestyle - swimmers who can swim 400m Freestyle in a time less than 5:30.00 may apply (20 fastest entries with 5 Reserves – swimmers will be notified as soon as all entries are processed.</p>

	<p>A swimmer can swim a maximum of 2 individual events plus the 400m Free if selected.</p> <p>Relays – 4 x 50m FTR and 4 x 50m MTR (Junior, Inter and Senior) Swimmers may swim up in an older age group but at least one team member must be in the correct age group. A swimmer can swim a maximum of 2 relays – these do not need to be in the same age group.</p>
Entry Fee:	£7 / €8 per individual event - £14 / €16 per relay event
Awards:	<p>Medals will be awarded for 1st, 2nd & 3rd Place in each Age Group as follows:</p> <p>Group 5, Group 6, Group 7</p> <p>Swim Ulster Schools Cup The Swim Ulster Schools Cups will be awarded in the following Groups – Group 5 (Female & Open), Group 6 (Female & Open), Group 7 (Female & Open). Points will be awarded for the top ten heat swims in each individual event from 20pts – 2pts with only the top 2 swimmers per school in age group counting. In the event of a tie, the cup will be awarded to the school with the most 1st Place finishes in the heats.</p>
Officials:	<p>To ensure the smooth running of the event each school MUST provide an official for each session to help with timekeeping / turn judge - where a school has more than 10 swimmers that school may be asked to provide more officials.</p> <p>Swim Ulster will provide the key officials for each session. Swim Ulster will circulate an Officials Roster during the week before the Championships.</p>
Timing:	Electronic Timing and Hy-tek Meet Manager software will be used.
Withdrawals:	Withdrawals should be made by email by 12 midday on Thursday 5 th February 2026 – no refunds will be given for withdrawals.
Facilities:	Parking & Catering are available at the venue. The diving pool will be available for warm up and cool down throughout the event.
Enquiries	<p>All enquiries should be sent by email only to admin@swimulster.net Entry reports and further information will be posted on the Swim Ulster website before the start of the gala – www.swimulster.net</p>
Selections:	<p>Irish Schools Interprovincial Championships – 22nd March 2026 From the results of the Swim Ulster Senior Schools Cup & Championships 2026, athletes from Groups 5-7 may be selected to represent the region at the Irish Schools Interprovincial Championships which will be held at the NAC in Dublin on 22nd March 2026. In order to be selected for the Irish Schools Interprovincial Championships, swimmers must have entered and competed in the Swim Ulster Senior Schools Cup & Championships 2026 on 6th February 2026.</p> <p>Criteria for selection will be published before 6th February 2026.</p>
Closing Date:	5pm on Wednesday 21st January 2026

Swim Ulster Senior Schools Cup & Championships 2026

Order of Events

Friday 6th February 2026

**** Session times will be confirmed once all entries have been received.
Presentations of Medals will take place throughout the Session.**

Session 1 - Friday AM - Group 5 - Junior Warm Up Female TBC – Warm Up Open TBC - Start TBC		
Event No	Event	
1	Junior Female 100m Backstroke	HDW
2	Junior Male & Open 100m Backstroke	HDW
3	Junior Female 100m Breaststroke	HDW
4	Junior Male & Open 100m Breaststroke	HDW
5	Junior Female 100m Butterfly	HDW
6	Junior Male & Open 100m Butterfly	HDW
7	Junior Female 100m Freestyle	HDW
8	Junior Male & Open 100m Freestyle	HDW
9	Junior Female 200IM	HDW
10	Junior Male & Open 200IM	HDW
11	Junior Female 4 x 50 Medley Team Relay	HDW
12	Junior Male & Open 4 x 50 Medley Team Relay	HDW
13	Junior Female 4 x 50 Freestyle Team Relay	HDW
14	Junior Male & Open 4 x 50 Freestyle Team Relay	HDW

Session 2 - Friday PM - Group 6 & 7 – Intermediate & Senior Warm Up Female TBC – Warm Up Open TBC Start TBC		
Event No	Event	
15	Intermediate Female 4 x 50 Medley Team Relay	HDW
16	Intermediate Male & Open 4 x 50 Medley Team Relay	HDW
17	Intermediate Female 4 x 50 Freestyle Team Relay	HDW
18	Intermediate Male & Open 4 x 50 Freestyle Team Relay	HDW
19	Open Female 400m Freestyle	HDW
20	Open Male & Open 400m Freestyle	HDW
21	Intermediate & Senior Female 100m Backstroke	HDW
22	Intermediate & Senior Male & Open 100m Backstroke	HDW
23	Intermediate & Senior Female 100m Breaststroke	HDW
24	Intermediate & Senior Male & Open 100m Breaststroke	HDW
25	Intermediate & Senior Female 100m Butterfly	HDW
26	Intermediate & Senior Male & Open 100m Butterfly	HDW
27	Intermediate & Senior Female 100m Freestyle	HDW
28	Intermediate & Senior Male & Open 100m Freestyle	HDW
29	Intermediate & Senior Female 200IM	HDW
30	Intermediate & Senior Male & Open 200IM	HDW
31	Senior Female 4 x 50 Medley Team Relay	HDW
32	Senior Male & Open 4 x 50 Medley Team Relay	HDW
33	Senior Female 4 x 50 Freestyle Team Relay	HDW
34	Senior Male & Open 4 x 50 Freestyle Team Relay	HDW