

ULSTER SHORT COURSE RECORDS based on claims received as of 19 December 2025

Men			Senior Records	Women		
Name	Date Achieved / Where	Time	Event	Time	Date Achieved / Where	Name
C Bain - Cookstown	17.12.23 – NAC Dublin	21.32	50m Freestyle	24.00	16.12.23 – NAC, Dublin	D Hill - Larne
J McMillan - Bangor	21.12.21 - Abu Dhabi, UAE	46.97	100m Freestyle	53.03	14.12.23 – NAC, Dublin	D Hill - Larne
J McMillan - Bangor	14.12.24 – NAC Dublin	1:42.00	200m Freestyle	1:55.94	09.12.23 – European SC, Romania	V Catterson - Ards
D Wiffen – Larne	05.12.23 – European SC, Romania	3:35.47	400m Freestyle	4:03.97	11.10 – Eindhoven	M Nocher - Ards
D Wiffen – Larne	10.12.23 – European SC, Romania	7:20.46	800m Freestyle	8:36.90	09.12.11 – European SC, Poland	C Dawson – Bangor
D Wiffen - Larne	07.12.23 – European SC, Romania	14:09.11	1500m Freestyle	16:43.46	21.01.11 – Bangor	S McMahon - Leander
C Ferguson – Bangor	17.12.17 - Copenhagen, Denmark	23.84	50m Backstroke	26.33	08.12.23 – European SC, Romania	D Hill - Larne
C Ferguson - Bangor	11.12.18 - Hangzhou, China	52.04	100m Backstroke	57.56	09.12.23 – European SC, Romania	D Hill - Larne
C Ferguson - Larne	13.11.15 - Lisburn	1:57.22	200m Backstroke	2:04.29	11.12.11 – Szczecin, Poland	M Nocher - Ards
J Graham – Bangor	09.12.16 - Edinburgh	27.23	50m Breaststroke	29.59	17.12.21 – World Champs, Abu Dhabi	M McSharry - Marlins
J Graham – Bangor	09.12.16 - Edinburgh	59.50	100m Breaststroke	1:03.84	25.10.25 – World Cup 2025 (Toronto, Canada)	M McSharry - Marlins
A Bree - Ards	Dec 07 - Debrecen	2:07.95	200m Breaststroke	2:18.27	23.10.25 – World Cup 2025 (Toronto, Canada)	M McSharry - Marlins
C Bain – Cookstown	16.12.23 - NAC, Dublin	23.19	50m Butterfly	26.25	15.12.23 – NAC, Dublin	D Hill – Larne
C Brines – Larne	17.12.16 - Bangor Aurora	52.08	100m Butterfly	59.34	14.12.16 – NAC, Dublin	A Burns-Atkin – Banbridge
P Johnston - Ards	12.12.19 - NAC, Dublin	1:58.96	200m Butterfly	2:11.54	March 94 – Sheffield	M Madine - Leander
J McMillan - Bangor	06.11.21 - Lisnasharragh, Belfast	53.09	100m IM	1:00.66	17.11.18 – Lisburn	M McSharry - Marlins
J McMillan - Bangor	06.12.18 - Lisburn	1:58.36	200m IM	2:09.93	07.12.24 – Commonwealth Pool, Edinburgh	G Davison - Ards
D Wiffen – Larne	09.12.22 - Edinburgh	4:11.05	400m IM	4:40.39	17.11.24 – Lisburn	G Davison - Ards

Boys			Junior Records	Girls		
Name	Date Achieved / Where	Time	Event	Time	Date Achieved / Where	Name
D Registe - Lisburn	17.12.22 - NAC Dublin	22.89	50m Freestyle	25.73	17.12.22 - NAC Dublin	G Davison - Ards
J McMillan - Bangor	15.12.17 - Lisburn	50.07	100m Freestyle	55.54	06.12.22 - Lisnasharragh	G Davison - Ards
J McMillan - Bangor	17.12.17 - Lisburn	1:46.32	200m Freestyle	1:58.75	13.05.23 - Ards	G Davison - Ards
J McMillan - Bangor	15.12.17 - Lisburn	3:47.09	400m Freestyle	4:13.05	05.12.15 - Lisburn	R Bethel - Lisburn
D Wiffen – Lisburn	08.12.18 - Lisburn Leisureplex	8:10.58	800m Freestyle	8:42.73	18.02.11 - Bangor	S McMahon - Leander
J McMillan – Bangor	17.12.16 - Bangor Aurora	15:29.82	1500m Freestyle	16:43.46	21.01.11 - Bangor	S McMahon - Leander
C Ferguson - Larne	05.12.15 - Lisburn	24.94	50m Backstroke	28.19	06.11.22 - Lisnasharragh	G Davison - Ards
C Ferguson - Larne	13.11.15 - Lisburn	54.72	100m Backstroke	1:01.40	06.11.22 - Lisnasharragh	G Davison - Ards
C Ferguson - Larne	13.11.15 - Lisburn	1:57.22	200m Backstroke	2:11.46	05.11.22 - Lisnasharragh	G Davison - Ards
M Hand - Ards	17.12.22 - NAC Dublin	28.94	50m Breaststroke	31.88	19.11.09 - NAC, Dublin	S McMahon - Leander
M Hand – Ards	15.12.22 - NAC Dublin	1:01.97	100m Breaststroke	1:07.75	04.12.15 - Lisburn	M McSharry - Marlins
A Bree - Ards	Dec 98 - Glasgow	2:14.26	200m Breaststroke	2:26.86	06.12.15 - Lisburn	M McSharry - Marlins
M Hewitt – City of Belfast	15.12.17 - Lisburn	24.84	50m Butterfly	27.77	14.12.14 - Lisburn	E Reid – Ards
C Eatwell - Ards	04.11.22 - Lisnasharragh	54.59	100m Butterfly	1:00.64	04.02.23 - Bangor Aurora	G Davison - Ards
A Colgan - Lisburn	15.12.22 - NAC Dublin	2:02.06	200m Butterfly	2:15.20	06.12.18 - Lisburn	A Kane - Ards
C Ferguson - Larne	15.11.15 - Lisburn	56.92	100m IM	1:02.65	15.10.22 - Lisburn	G Davison - Ards
J McMillan – Bangor	14.12.17 - Lisburn	2:03.17	200m IM	2:13.78	04.02.23 - Bangor Aurora	G Davison – Ards
D Kennedy - Ards	17.12.21 - NAC Dublin	4:23.56	400m IM	4:43.36	20.03.11 - Lisburn	S McMahon - Leander

ULSTER SHORT COURSE RECORDS based on claims received as of 19 December 2025



ULSTER SENIOR SHORT COURSE RELAY RECORDS				
Men		Event	Women	
Names / Where	Time		Time	Names / Where
Ulster - <i>P Johnston, J Donnelly, M Hewitt, D Wiffen</i> 14.04.19 - Interpro' NAC, Dublin	1:44.56	4 x 50m Medley Team Relay - Representative	1:56.07	Ulster - <i>C Rooney, E McCartney, E McKibben, M McAlorum</i> - 20.03.22, Interpro' NAC, Dublin
Ulster - <i>C Beattie, B Bell, J Hiscocks, W Johnston</i> March 91 Sheffield	1:34.97	4 x 50m Freestyle Team Relay - Representative	1:46.48	Ulster - <i>M McAlorum, E McCartney, C Rooney, E McKibben</i> - 20.03.22 - NAC, Dublin
Bangor - <i>J Sloan, J McMillan, D Thompson, C Coulter</i> 15.12.19 - NAC Dublin	1:38.34	4 x 50m Medley Team Relay - Club	1:51.78	Ards – <i>G Davison, E McCartney, E Reid, V Catterson</i> 06.12.23 – NAC Dublin
Bangor - <i>J Sloan, J McMillan, C Coulter, D Thompson</i> 12.12.19 - NAC Dublin	1:27.70	4 x 50m Freestyle Team Relay - Club	1:44.72	Ards - <i>R Reid, E McCartney, E McKibben, V Catterson</i> 05.11.21 - Lisnasharragh Belfast
Ulster - <i>P McGillion, G McColgan, W Johnston, C Beattie</i> April 89 - Grove	4:02.96	4 x 100m Medley Team Relay - Representative	4:37.37	Ulster - <i>C Darby, S Dugan, M Madine, D Simms</i> July 91 - Grove
Ulster - <i>C Beattie, B Bell, J Hiscocks, W Johnston</i> March 91 - Grove	3:35.38	4 x 100m Freestyle Team Relay - Representative	4:03.19	Ulster - <i>D Simms, L Baird, C Darby, M Madine</i> July 91 - Grove
Ulster - <i>P McGillion, G Brisbane, J Hiscocks, R Morrow</i> July 91 - Grove	7:58.78	4 x 200m Freestyle Team Relay - Representative	8:36.00	Standard
Ards - <i>J Brown, M Dawson, C Munn, C Coulter</i> 17.12.16 - Bangor Aurora	3:40.02	4 x 100m Medley Team Relay – Club	4:17.57	Ards - <i>B Firth, Z Thompson, E Reid, MK McDowell</i> 04.12.15 - Lisburn
Bangor - <i>C Curtis, J McMillan, J Sloan, D Thompson</i> 16.12.18 - Ponds Forge Sheffield	3:14.25	4 x 100m Freestyle Team Relay - Club	3:49.60	Ards - <i>B Firth, E Reid, R Reid, MK McDowell</i> 05.12.15 - Lisburn
Bangor - <i>D Thompson, J Sloan, C McCaughey, J McMillan</i> 08.12.16 - Aurora Bangor	7:25.12	4 x 200m Freestyle Team Relay - Club	8:31.10	Ards - <i>B Firth, E Reid, R Reid, MK McDowell</i> 29.11.14 - Lisburn
Name		Event	Time	
Ards – <i>B Firth, MK McDowell, C Munn, C Coulter</i> -29.11.14 - Lisburn		Mixed 4 x 50m Freestyle Relay - Club	1:37.96	
Ards – <i>P Johnston, R McDowell, E Coulter, G Davison</i> – 13.12.25 - NAC Dublin		Mixed 4 x 50m Medley Team Relay - Club	1:44.75	

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ULSTER JUNIOR RELAY SHORT COURSE RECORDS				
Boys		Event	Girls	
Name	Time		Time	Name
Ulster - P Johnston, J Angus, O Mallon, D Wiffen 29.04.17 - Interpro' NAC Dublin	1:48.66	4 x 50m Medley Team Relay - Representative	2:00.58	Ulster - C Quinn, Z Thompson, R Reid, A McCrea 08.05.16 - NAC Dublin
Ulster - D Registe, D Harvey, M Moan, B Cummings 20.03.22 - NAC Dublin	1:38.54	4 x 50m Freestyle Team Relay - Representative	1:48.73	Ulster - L Bethel, A McCrea, Z Thompson, R Reid 08.05.16 - NAC Dublin
Ards - A Barnes, M Hand, C Eatwell, C Dunnion 18.12.21 - NAC Dublin	1:43.66	4 x 50m Medley Team Relay - Club	1:58.84	Bangor – R Lavery, G Eyre, O Falls, C Stewart 14.12.25 – NAC, Dublin
Ards - C Dunnion, M Hand, D Kennedy, A Barnes 16.12.21 - NAC Dublin	1:35.67	4 x 50m Freestyle Team Relay - Club	1:49.24	Ards - E McKibbin, H McBride, S Armstrong, A Kane 18.11.18 - Lisburn
Ulster - K Wilson, S McNarry, M Cummings, J Hiscocks March 90 - Grove	4:24.70	4 x 100m Medley Team Relay - Representative	4:40.39	Ulster - D Johnston, S Dugan, M Madine, J Corish January 86 - Castlereagh
Ulster - S Howard, K Wilson, R Lenaghan, J Hiscocks August 90 - Dublin	3:42.51	4 x 100m Freestyle Team Relay - Representative	4:12.67	Ulster - M Madine, D Johnston, S Dugan, J Corish January 86 - Castlereagh
Standard	8:09.00	4 x 200m Freestyle Team Relay - Representative	8:50.00	Standard
Ards - P Johnston, J Angus, C Armstrong, T Uprichard 16.12.16 - Aurora Bangor	3:56.93	4 x 100m Medley Team Relay – Club	4:18.72	Ards - S Armstrong, Z Thompson, R Reid, V Catterson 18.12.16 - Aurora Bangor
Larne - W Logan, G Williamson, S Traill, C Leaney December 06 - Grove	3:35.99	4 x 100m Freestyle Team Relay - Club	3:56.39	Ards - R Reid, Z Thompson, S Armstrong, V Catterson 16.12.16 - Bangor Aurora
Lisburn - J Fleming, D Wiffen, O Mallon, N Jennings 18.12.16 – Aurora Bangor	7:45.05	4 x 200m Freestyle Team Relay - Club	8:34.25	Ards - V Catterson, S Armstrong, Z Thompson, R Reid 17.12.16 – Aurora Bangor

Name	Event	Time
ARDS - A Barnes, B Cummings, K Aiken, G Davison – 05.11.22 - Lisnasharragh	Mixed 4 x 50m Freestyle Relay - Club	1:40.93
ARDS - A Barnes, K Aiken, C Eatwell, G Davison – 05.11.22 - Lisnasharragh	Mixed 4 x 50m Medley Team Relay - Club	1:49.71