



ARDS OPEN MEET

SATURDAY 23 MAY 2026

License numbers

Session 1 - 1S-25/26-U032

Sessions 2 & 3 - 3S-25/26-U033

ARDS SWIMMING CLUB PROUDLY SPONSORED BY





Event Information

Date Saturday 23 May 2026

Venue Ards Blair Mayne Wellbeing & Leisure Centre, 1 Dairy Hall Lane, Newtownards BT23 4DB. The pool is 25m, 6 lane, electronic timing will be in use.

Age Groups There will be six age groups 7, 8, 9-10, 11-12, 13-14, and 15+.

Events Individuals may compete in the following scheduled events:

Age 7-12 25m in all strokes

Age 9+ 50m & 100m in all strokes & 100 IM

Age 9+ As above & 200 IM

(The number of heats maybe restricted for 200 IM if the gala is oversubscribed – if this is the case spaces will be allocated on a first come first served basis)

All events will be Heat Declared Winner

Entries **Closing date for entries: 15 May 2026**

NO LATE ENTRIES ACCEPTED AFTER THE CLOSING DATE

Hy-tek entry file should be emailed to ardscompsec@gmail.com by the closing date.

Withdrawals should be notified by 6pm on Wednesday 20 May 2026.

The Club reserves the right to restrict entries to assist the smooth running of the Gala on a first come basis.

Clubs are responsible for checking their own entries and changes will not be made on the day.

No entries on the day. Not accepting any entries from clubs with outstanding debt.

Individual events £6 (or €7) per event.

Entry Fees

Fees must be paid by GBP on or before Friday 22 May 2026, no refunds.

Only method of payment is electronic transfer.

Fees payable to Ards Swimming Club, Danske Bank –

Sort Code 950679 / Account Number 90183563



Awards

Medals will be awarded to the first three places in each event in:

Session 1: 25m – ages 8, 9, 10, 11, 12

100 IM – ages 9, 10, 11, 12

Session 2: 50m – ages 9, 10, 11, 12

200 IM – ages 10, 11, 12

Session 3: 100m – ages 9-10, 11-12, 13-14, 15+

All 7-year-old swimmers will receive a participation medal. Trophies will be presented for Top Boy and Top Girl in each age group, based on points accumulated in:

8 years - All 25m events

9 years - All 25m events

10 – 12 years - All 50m events

Meet Results

The Gala results will be posted on the notice board during the gala and on MeetMobile. A full list of results will be forwarded to individual clubs and Swim Ulster to allow updating of relevant databases.

General Rules

The Gala will be run under Fina/Swim Ireland rules. Discretion will be used regarding the “One Start Rule” for morning session only.

Swimmer’s age is defined as on 31 December 2026.

Starts will be over the top where possible.

Electronic timing system will be in use.

The Club reserves the right to alter the programme to assist the smooth running of the Gala.

Appeals shall be submitted in accordance with Fina/Swim Ireland procedures and will be handled by the Meet Managers and Referees.

Meet Safety

All accidents, however minor must be reported, in writing, to the Leisure Centre and Ards ASC. A copy of the Accident Report Form can be found at reception.

We would ask the co-operation of swimmers, coaches, spectators and clubs in the application of the following safety measures. They are in place for everyone’s safety.



General;

- Everyone attending the Meet must familiarise themselves with the locations and operation of emergency exits.
- Anyone observing anything they consider to be a safety hazard should report it to a Meet Official.
- All persons attending the Meet must take all steps to ensure their own safety and the safety of others.
- All walkways must be kept clear of bags, equipment, etc. It is your responsibility to do so.

Starting;

- In the event of a false start, swimmers should perform a safe entry and not fall into the water.

Warm Up;

- Swimmers and coaches must ensure that they (and swimmers in their charge) take no action that would endanger themselves or others.
- The instructions of those in authority must be obeyed immediately.
- Swimmers are not permitted to dive or jump into lanes other than sprint lanes and then only when the area is sufficiently clear to make a safe entry.
- Do not start sprinting in a sprint lane until non-sprinting swimmers have cleared it.
- On finishing a sprint immediately clear the way for the following swimmer(s).

Around The Pool; (e.g. spectator area)

- Swimmers are not permitted to enter dry areas without first having changed and put on footwear.
- Swimmers will not be allowed in the spectator gallery unless they are dried and have appropriate footwear. Swimmers are also reminded, changing is not permitted in the spectator gallery, please use changing areas provided.
- Swimmers are not permitted to climb over the rail. Glass bottles are not permitted outside designated refreshment areas. (i.e. Café)

Thank you for your co-operation in making our Meet a safe experience for all.



Cameras/Mobile Phones

The use of all photographic equipment is strictly controlled. All photographic equipment must first be registered at the program desk on entry.

Mobile phone usage is strictly forbidden within Ards Leisure Centre and this policy is actively enforced inside the Centre.

Miscellaneous

Any point not covered by the above will be at the discretion of the organizers. As appropriate, the Meet Manager's or Gala Referee's decision will be final.

Refreshments

Café facilities will be available within the Leisure Centre.

Order of Events



Session 1

- 1 Open 7 & over 25m Backstroke
- 2 Female 7 & over 25m Backstroke
- 3 Open 7 & over 25m Breaststroke
- 4 Female 7 & over 25m Breaststroke
- 5 Open 7 & over 25m Butterfly
- 6 Female 7 & over 25m Butterfly
- 7 Open 7 & over 25m Freestyle
- 8 Female 7 & over 25m Freestyle
- 9 Mixed 9 & over 100m Individual Medley

Session 2

- 10 Open 10 & over 200m Individual Medley
- 11 Female 10 & over 200m Individual Medley
- 12 Open 9 & over 50m Freestyle
- 13 Female 9 & over 50m Freestyle
- 14 Open 9 & over 50m Breaststroke
- 15 Female 9 & over 50m Breaststroke
- 16 Open 9 & over 50m Backstroke
- 17 Female 9 & over 50m Backstroke
- 18 Open 9 & over 50m Butterfly
- 19 Female 9 & over 50m Butterfly
- 20 Open mixed stroke skins event for the top 6 in Open 200 IM
- 21 Female mixed stroke skins event for the top 6 in Female 200 IM

Session 3

- 22 Open 9 & over 100m Freestyle
- 23 Female 9 & over 100m Freestyle
- 24 Open 9 & over 100m Breaststroke
- 25 Female 9 & over 100m Breaststroke
- 26 Open 9 & over 100m Backstroke
- 27 Female 9 & over 100m Backstroke
- 28 Open 9 & over 100m Butterfly
- 29 Female 9 & over 100m Butterfly

Session times will be published when all entries have been received