ULSTER LONG COURSE RECORDS based on claims received as of 2nd September 2026

Men			Senior Records	Women		
Name	**Date Achieved / Where**	**Time**	**Event**	**Time**	**Date Achieved / Where**	**Name**
C Bain – Cookstown	24.05.24 – Irish Open & Olympic Trials, NAC	**22.06**	**50m Freestyle**	**24.68**	25.05.24 – Irish Open & Olympic Trials - NAC	D Hill – Larne
J McMillan – Bangor	16.04.26 – Aquatics GB Championships, London	**48.37**	**100m Freestyle**	**54.45**	08.04.26 – Aurora Bangor	G Davison – Ards
J McMillan – Bangor	01.08.25 – World Championships, Singapore	**1:45.28**	**200m Freestyle**	**1:59.52**	10.04.26 – Aurora Bangor	G Davison – Ards
D Wiffen – Larne	13.04.23 – Stockholm	**3.44.35**	**400m Freestyle**	**4:13.26**	24.08.14 – European Champs, Berlin	S McMahon – Leander
D Wiffen – Larne	26.07.23 – Fukuoka, Japan	**7:39.19**	**800m Freestyle**	**8:54.06**	22.07.17 – C'wealth Youth Games, Bahamas	R Bethel – Lisburn
D Wiffen – Larne	18.2.24 – Doha, Qatar	**14:34.07**	**1500m Freestyle**	**17:04.70**	10.04.11 – Eindhoven	S McMahon – Leander
C Ferguson – Larne	17.05.21 – Duna Arena, Budapest	**24.81**	**50m Backstroke**	**27.64**	04.05.24 – Aurora Bangor	D Hill – Larne
C Ferguson – Larne	22.05.24 – NAC, Dublin	**53.87**	**100m Backstroke**	**59.11**	22.05.24 – Irish Open & Olympic Trials - NAC	D Hill – Larne
C Ferguson – Bangor	08.04.17 – NAC Dublin	**1:58.80**	**200m Backstroke**	**2:10.75**	22.05.12 – Debrecen, Hungary	M Nocher – Ards
A Bradley – Bangor	26.07.26 – Commonwealth Games 2026, Glasgow	**27.57**	**50m Breaststroke**	**29.95**	16.08.26 – European Championships, Paris	M McSharry – Marlins
J Graham – Bangor	27.07.17 – Ponds Forge, Sheffield	**1:01.37**	**100m Breaststroke**	**1:05.41**	12.08.26 – European Championships, Paris	M McSharry – Marlins
A Bree – Ards	08.08 – Beijing Olympic Games	**2:10.16**	**200m Breaststroke**	**2:22.22**	10.04.26 – Aurora Bangor	M McSharry – Marlins
D Registe – Lisburn	01.05.26 – Aurora Bangor	**23.67**	**50m Butterfly**	**26.45**	12.04.24 – Aurora Bangor	D Hill – Larne
M Hamilton – Lisburn	25.07.26 – Commonwealth Games 2026, Glasgow	**52.62**	**100m Butterfly**	**1:00.15**	10.04.26 – Aurora Bangor	A Burns-Atkin - Banbridge
P Johnston – Ards	21.04.21 – NAC, Dublin	**1:58.81**	**200m Butterfly**	**2:13.75**	23.08.14 – Berlin	S McMahon – Leander
J Brown – Ards	22.04.17 – Ponds Forge, Sheffield	**2:02.75**	**200m IM**	**2:12.50**	26.06.25 – EA U23 Championships (Samorín)	E McCartney - Ards
A Bree – Ards	06.01 – Glasgow	**4:30.10**	**400m IM**	**4:48.38**	26.04.13 – NAC, Dublin	S McMahon – Leander

Boys			Junior Records	Girls		
Name	**Date Achieved / Where**	**Time**	**Event**	**Time**	**Date Achieved / Where**	**Name**
D Registe – Lisburn	05.04.23 – NAC, Dublin	**23.39**	**50m Freestyle**	**25.88**	01.04.23 – NAC, Dublin	G Davison – Ards
C Coulter – Ards	19.07.12 – Ponds Forge, Sheffield	**50.87**	**100m Freestyle**	**56.93**	03.04.23 – NAC, Dublin	G Davison – Ards
J McMillan – Bangor	11.12.17 – Aurora, Bangor	**1:50.32**	**200m Freestyle**	**2:02.08**	04.10.10 – Delhi, India	S McMahon – Leander
J McMillan – Bangor	19.11.17 – Swansea	**3:57.38**	**400m Freestyle**	**4:15.86**	04.08.10 – Sheffield	S McMahon – Leander
D Wiffen – Lisburn	06.07.19 – European Juniors, Kazan, Russia	**8:13.72**	**800m Freestyle**	**8:56.04**	25.07.10 – NAC, Dublin	S McMahon – Leander
D Wiffen – Lisburn	04.07.19 – European Juniors, Kazan, Russia	**15:52.94**	**1500m Freestyle**	**17:04.70**	10.04.11 – Eindhoven	S McMahon – Leander
C Ferguson – Bangor	09.04.17 – NAC, Dublin	**25.24**	**50m Backstroke**	**29.67**	22.04.17 – Aurora, Bangor	R Reid – Ards
C Ferguson – Bangor	06.04.17 – NAC, Dublin	**54.61**	**100m Backstroke**	**1:03.72**	01.05.15 – NAC, Dublin	D Hill – Larne
C Ferguson – Bangor	08.04.17 – NAC, Dublin	**1:58.50**	**200m Backstroke**	**2:17.71**	17.07.15 – NAC, Dublin	D Hill – Larne
M Dawson – Ards	03.08 – Limerick	**29.56**	**50m Breaststroke**	**32.30**	04.10.10 – Delhi, India	S McMahon – Leander
B Woodside – Larne	21.04.21 – NAC, Dublin	**1:04.61**	**100m Breaststroke**	**1:09.07**	04.03.16 – Aurora, Bangor	M McSharry - Marlins
B Woodside – Larne	25.07.19 – NAC, Dublin	**2:19.98**	**200m Breaststroke**	**2:31.09**	04.03.16 – Aurora, Bangor	M McSharry – Marlins
D Registe – Lisburn	06.08.23 – Trinidad & Tobago	**24.72**	**50m Butterfly**	**27.78**	30.04.23 – Aurora, Bangor	G Davison – Ards
P Johnston – Ards	29.03.19 – NAC, Dublin	**55.02**	**100m Butterfly**	**1:02.51**	24.07.14 – Tollcross, Glasgow	G Kane – Bangor
P Johnston – Ards	29.03.19 – NAC, Dublin	**2:02.43**	**200m Butterfly**	**2:15.97**	01.08.09 – Sheffield	S McMahon – Leander
J Brown – Ards	24.04.14 – NAC, Dublin	**2:07.82**	**200m IM**	**2:17.27**	26.05.23 – Tollcross, Glasgow	G Davison – Ards
J Brown – Ards	07.03.15 – Aurora, Bangor	**4:33.83**	**400m IM**	**4:49.87**	09.04.11 – Eindhoven	S McMahon - Leander

ULSTER LONG COURSE RECORDS based on claims received as of 2nd September 2026

Men		ULSTER LONG COURSE SENIOR RELAY RECORDS	Women	
Name	**Time**	**Event**	**Time**	**Name**
Ulster Squad – R Hoal, S Dickson, W Gilmer, K Frizzell – Dec 2005, Bath	**1:56.16**	4 x 50m Medley Team Relay - Representative	**2:06.16**	Ulster Squad - M Nocher, A Hyland, L McFarland, C Dawson – Dec 2005 Bath
Ulster Squad - K Frizzell, S Dickson, R Hoal, W Gilmer - Dec 2005, Bath	**1:42.76**	4 x 50m Freestyle Team Relay - Representative	**1:51.69**	Ulster Squad - C Dawson, A Pugh, A Hyland, M Nocher – Dec 2005 Bath
Bangor - C Ferguson, J Graham, J Sloan, D Thompson 11.11.17 - War Memorial, Bangor Aurora	**1:43.32**	4 x 50m Medley Team Relay - Club	**1:58.85**	Ards - R Reid, Z Thompson, E Reid, V Catterson 11.11.17 - War Memorial, Bangor Aurora
Bangor - J McMillan, C Coulter, D Thompson, J Sloan 9.11.19, Bangor Aurora	**1:32.76**	4 x 50m Freestyle Team Relay - Club	**1:47.39**	Ards - R Reid, E McKibben, E McCartney, V Catterson 13 Nov 2021, Craigavon
N. Ireland – P Johnston, A Bradley, M Hamilton, J McMillan 29.07.26, Glasgow, Scotland (CWG)	**3:37.58**	4 x 100m Medley Team Relay - Representative	**4:05.85**	N. Ireland – L Cullen, E McCartney, A Burns-Atkin, G Davison 29.07.26, Glasgow, Scotland (CWG)
N. Ireland - C Coulter, C Bain, D Thompson, J Sloan 6.04.18, CWG, Gold Coast, Australia	**3:19.57**	4 x 100m Freestyle Team Relay - Representative	**3:44.08**	N. Ireland – G Davison, V Catterson, E Hughes, D Hill 24.07.26, CWG Glasgow
Ulster - J Gilmer, L Campbell, I Chisholm, R Hoal 21.02.09, Swansea	**8:00.63**	4 x 200m Freestyle Team Relay - Representative	**8:10.97**	Ireland - S McMahon, B Carson, M Nocher, C Dawson 4.12.11, Eindhoven
Bangor - C Ferguson, J Graham, J Sloan, D Thompson 08.04.17, NAC, Dublin	**3:45.07**	4 x 100m Medley Team Relay – Club	**4:21.26**	Ards - R Reid, Z Thompson, E Reid, B Firth 06.03.16, Aurora, Bangor
Bangor - D Thompson, J McMillan, C Ferguson, J Sloan 06.04.17, NAC, Dublin	**3:23.38**	4 x 100m Freestyle Team Relay - Club	**3:56.55**	Ards - E McKibben, A Kane, R Reid, V Catterson 21.02.20, Aurora, Bangor
Bangor - J McMillan, C Ferguson, D Thompson, J Sloan 07.04.17, NAC, Dublin	**7:32.11**	4 x 200m Freestyle Team Relay - Club	**8:28.85**	Ards - A Kane, R Reid, E McKibben, V Catterson 20.02.20, Aurora, Bangor

Name	Event	Time
Ards - J Angus, P Johnston, R Reid, V Catterson - 11.11.17, War Memorial, Bangor Aurora	Mixed 4 x 50m Freestyle Relay - Club	**1:43.86**
Ards - B Firth, J Brown, E Reid, C Coulter – 07.11.15, Bangor Aurora	Mixed 4 x 50m Medley Team Relay - Club	**1:54.88**
Ards - G Davison, E McCartney, P Johnston, D Harvey – 20.02.26, NAC, Dublin	Mixed 4 x 100m Medley Team Relay - Club	**3:58.47**
Team NI – L Cullen, A Bradley, M Hamilton, G Davison – 28.7.26, Tollcross, Glasgow	Mixed 4 x 100m Medley Team Relay - Representative	**3:49.10**

ULSTER LONG COURSE RECORDS based on claims received as of 2nd September 2026

Boys		ULSTER JUNIOR RELAY LONG COURSE RECORDS	Girls	
Name	**Time**	**Event**	**Time**	**Name**
Banbridge – J Rada, A Karchenko, M Rice, S Mathers 08.11.25, Bangor Aurora	**1:48.79**	4 x 50m Medley Team Relay - Club	**2:00.69**	Ards – G Davison, K Aiken, Z Quigley, M Diamond 12.11.22, Aurora Bangor
Ards - P Johnston, J Angus, C Armstrong, T Uprichard 23.04.17, Bangor Aurora	**1:38.37**	4 x 50m Freestyle Team Relay - Club	**1:52.07**	Ards – G Davison, K Aiken, Z Quigley, M Diamond 12.11.22 – Aurora Bangor
Ulster - L Campbell, J Leckey, C Hamilton, J Gilmer 22.02.09, Swansea	**4:13.58**	4 x 100m Medley Team Relay - Representative	**4:30.67**	Ulster - C Cullen, E McCartney, T Barr, M McAlorum 30.06.19, Scot Nat. Aberdeen
Ulster - L Galloway, J Leckey, J Sloan, L Campbell 20.02.09, Swansea	**3:45.64**	4 x 100m Freestyle Team Relay - Representative	**4:06.66**	Ulster - M McAlorum, E McCartney, C Rooney, J McMullen 29.06.19, Scot. Nat. Aberdeen
Ulster - D Wiffen, P Johnston, J Allison, J McMillan 01.07.16, Tollcross, Glasgow	**8:13.53**	4 x 200m Freestyle Team Relay - Representative	**8:54.50**	Standard
Banbridge – J Rada, A Karchenko, M Rice, A Barry 25.07.26, NAC, Dublin	**3:55.86**	4 x 100m Medley Team Relay – Club	**4:23.05**	Bangor – R Lavery, G Eyre, O Falls, C Stewart 22.02.26, NAC, Dublin
Banbridge – S Mathers, M Rice, J Rada, A Barry 21.07.26, NAC, Dublin	**3:33.71**	4 x 100m Freestyle Team Relay - Club	**4:09.16**	Ards - Z Thompson, E McConnell, M McGonnigle, R Reid 15.07.15, NAC, Dublin
Banbridge – S Mathers, J Rada, M Rice, A Barry 24.07.26, NAC, Dublin	**7:51.78**	4 x 200m Freestyle Team Relay - Club	**8:50.27**	Bangor – C Stewart, G Eyre, O Falls, R Lavery 03.05.26, Aurora Bangor

Name	Event	Time
Ards - M Hand, D Harvey, H McMaster, Z Quigley - 26.03.22, Aurora Bangor	Mixed 4 x 50m Freestyle Relay - Club	**1:50.33**
Ards – A Barnes, K Aiken, C Eatwell, G Davison – 12.11.22, Aurora Bangor	Mixed 4 x 50m Medley Team Relay - Club	**1:54.15**
Ards - Adam Barnes, Keira Aiken, Charlie Eatwell, Grace Davison – 8.05.22, Aurora Bangor	Mixed 4 x 100m Medley Team Relay - Club	**4:08.44**