ULSTER SHORT COURSE RECORDS based on claims received as of 21st October 2026

Men			Senior Records	Women		
Name	**Date Achieved / Where**	**Time**	**Event**	**Time**	**Date Achieved / Where**	**Name**
C Bain - Cookstown	17.12.23 – NAC Dublin	**21.32**	**50m Freestyle**	**24.00**	16.12.23 – NAC, Dublin	D Hill - Larne
J McMillan - Bangor	21.12.21 - Abu Dhabi, UAE	**46.97**	**100m Freestyle**	**53.03**	14.12.23 – NAC, Dublin	D Hill - Larne
J McMillan - Bangor	14.12.24 – NAC Dublin	**1:42.00**	**200m Freestyle**	**1:55.94**	09.12.23 – European SC, Romania	V Catterson - Ards
D Wiffen – Larne	05.12.23 – European SC, Romania	**3:35.47**	**400m Freestyle**	**4:03.97**	11.10 – Eindhoven	M Nocher - Ards
D Wiffen – Larne	10.12.23 – European SC, Romania	**7:20.46**	**800m Freestyle**	**8:36.90**	09.12.11 – European SC, Poland	C Dawson – Bangor
D Wiffen - Larne	07.12.23 – European SC, Romania	**14:09.11**	**1500m Freestyle**	**16:43.46**	21.01.11 – Bangor	S McMahon - Leander
C Ferguson – Bangor	17.12.17 - Copenhagen, Denmark	**23.84**	**50m Backstroke**	**26.33**	08.12.23 – European SC, Romania	D Hill - Larne
C Ferguson - Bangor	11.12.18 - Hangzhou, China	**52.04**	**100m Backstroke**	**56.96**	14.11.25 – BUCS SC Championships, Sheffield	L Cullen – Swim Belfast
C Ferguson - Larne	13.11.15 - Lisburn	**1:57.22**	**200m Backstroke**	**2:04.29**	11.12.11 – Szczecin, Poland	M Nocher - Ards
J Graham – Bangor	09.12.16 - Edinburgh	**27.23**	**50m Breaststroke**	**29.59**	17.12.21 – World Champs, Abu Dhabi	M McSharry - Marlins
J Graham – Bangor	09.12.16 - Edinburgh	**59.50**	**100m Breaststroke**	**1:03.84**	25.10.25 – World Cup 2025 (Toronto, Canada)	M McSharry - Marlins
A Bree - Ards	Dec 07 - Debrecen	**2:07.95**	**200m Breaststroke**	**2:18.27**	23.10.25 – World Cup 2025 (Toronto, Canada)	M McSharry - Marlins
C Bain – Cookstown	16.12.23 - NAC, Dublin	**23.19**	**50m Butterfly**	**26.25**	15.12.23 – NAC, Dublin	D Hill – Larne
C Brines – Larne	17.12.16 - Bangor Aurora	**52.08**	**100m Butterfly**	**59.34**	14.12.16 – NAC, Dublin	A Burns-Atkin – Banbridge
P Johnston - Ards	12.12.19 - NAC, Dublin	**1:58.96**	**200m Butterfly**	**2:11.54**	March 94 – Sheffield	M Madine - Leander
J McMillan - Bangor	06.11.21 - Lisnasharragh, Belfast	**53.09**	**100m IM**	**1:00.66**	17.11.18 – Lisburn	M McSharry - Marlins
J McMillan - Bangor	06.12.18 - Lisburn	**1:58.36**	**200m IM**	**2:09.93**	07.12.24 – Commonwealth Pool, Edinburgh	G Davison - Ards
D Wiffen – Larne	09.12.22 - Edinburgh	**4:11.05**	**400m IM**	**4:39.71**	17.10.26 – UL Arena, Limerick	E McCartney - Ards

Boys			Junior Records	Girls		
Name	**Date Achieved / Where**	**Time**	**Event**	**Time**	**Date Achieved / Where**	**Name**
D Registe - Lisburn	17.12.22 - NAC Dublin	**22.89**	**50m Freestyle**	**25.73**	17.12.22 - NAC Dublin	G Davison - Ards
J McMillan - Bangor	15.12.17 - Lisburn	**50.07**	**100m Freestyle**	**55.54**	06.12.22 - Lisnasharragh	G Davison - Ards
J McMillan - Bangor	17.12.17 - Lisburn	**1:46.32**	**200m Freestyle**	**1:58.75**	13.05.23 - Ards	G Davison - Ards
J McMillan - Bangor	15.12.17 - Lisburn	**3:47.09**	**400m Freestyle**	**4:13.05**	05.12.15 - Lisburn	R Bethel - Lisburn
D Wiffen – Lisburn	08.12.18 - Lisburn Leisureplex	**8:10.58**	**800m Freestyle**	**8:42.73**	18.02.11 - Bangor	S McMahon - Leander
J McMillan – Bangor	17.12.16 - Bangor Aurora	**15:29.82**	**1500m Freestyle**	**16:43.46**	21.01.11 - Bangor	S McMahon - Leander
C Ferguson - Larne	05.12.15 - Lisburn	**24.94**	**50m Backstroke**	**28.19**	06.11.22 - Lisnasharragh	G Davison - Ards
C Ferguson - Larne	13.11.15 - Lisburn	**54.72**	**100m Backstroke**	**1:01.40**	06.11.22 - Lisnasharragh	G Davison - Ards
C Ferguson - Larne	13.11.15 - Lisburn	**1:57.22**	**200m Backstroke**	**2:11.46**	05.11.22 - Lisnasharragh	G Davison - Ards
M Hand - Ards	17.12.22 - NAC Dublin	**28.94**	**50m Breaststroke**	**31.88**	19.11.09 - NAC, Dublin	S McMahon - Leander
M Hand – Ards	15.12.22 - NAC Dublin	**1:01.97**	**100m Breaststroke**	**1:07.75**	04.12.15 - Lisburn	M McSharry - Marlins
A Bree - Ards	Dec 98 - Glasgow	**2:14.26**	**200m Breaststroke**	**2:26.86**	06.12.15 - Lisburn	M McSharry - Marlins
M Hewitt – City of Belfast	15.12.17 - Lisburn	**24.84**	**50m Butterfly**	**27.77**	14.12.14 - Lisburn	E Reid – Ards
C Eatwell - Ards	04.11.22 - Lisnasharragh	**54.59**	**100m Butterfly**	**1:00.64**	04.02.23 - Bangor Aurora	G Davison - Ards
A Colgan - Lisburn	15.12 22 - NAC Dublin	**2:02.06**	**200m Butterfly**	**2:15.20**	06.12.18 - Lisburn	A Kane - Ards
C Ferguson - Larne	15.11.15 - Lisburn	**56.92**	**100m IM**	**1:02.65**	15.10.22 - Lisburn	G Davison - Ards
J McMillan – Bangor	14.12.17 - Lisburn	**2:03.17**	**200m IM**	**2:13.78**	04.02.23 - Bangor Aurora	G Davison – Ards
D Kennedy - Ards	17.12.21 - NAC Dublin	**4:23.56**	**400m IM**	**4:43.36**	20.03.11 - Lisburn	S McMahon - Leander

ULSTER SHORT COURSE RECORDS based on claims received as of 21st October 2026

ULSTER SENIOR SHORT COURSE RELAY RECORDS				
Men		**Event**	**Women**	
Names / Where	**Time**		**Time**	**Names / Where**
Ulster - *P Johnston, J Donnelly, M Hewitt, D Wiffen* 14.04.19 - Interpro' NAC, Dublin	**1:44.56**	4 x 50m Medley Team Relay - Representative	**1:56.07**	Ulster - *C Rooney, E McCartney, E McKibben, M McAlorum* - 20.03.22, Interpro' NAC, Dublin
Ulster - *C Beattie, B Bell, J Hiscocks, W Johnston* March 91 Sheffield	**1:34.97**	4 x 50m Freestyle Team Relay - Representative	**1:46.48**	Ulster - *M McAlorum, E McCartney, C Rooney, E McKibben* - 20.03.22 - NAC, Dublin
Bangor - *J Sloan, J McMillan, D Thompson, C Coulter* 15.12.19 - NAC Dublin	**1:38.34**	4 x 50m Medley Team Relay - Club	**1:51.78**	Ards – *G Davison, E McCartney, E Reid, V Catterson* 06.12.23 – NAC Dublin
Bangor - J Sloan, J McMillan, C Coulter, D Thompson 12.12.19 - NAC Dublin	**1:27.70**	4 x 50m Freestyle Team Relay - Club	**1:44.72**	Ards - *R Reid, E McCartney, E McKibben, V Catterson* 05.11.21 - Lisnasharragh Belfast
Ulster - *P McGillion, G McColgan, W Johnston, C Beattie* April 89 - Grove	**4:02.96**	4 x 100m Medley Team Relay - Representative	**4:37.37**	Ulster - *C Darby, S Dugan, M Madine, D Simms* July 91 - Grove
Ulster - *C Beattie, B Bell, J Hiscocks, W Johnston* March 91 - Grove	**3:35.38**	4 x 100m Freestyle Team Relay - Representative	**4:03.19**	Ulster - *D Simms, L Baird, C Darby, M Madine* July 91 - Grove
Ulster - *P McGillion, G Brisbane, J Hiscocks, R Morrow* July 91 - Grove	**7:58.78**	4 x 200m Freestyle Team Relay - Representative	**8:36.00**	Standard
Ards - *J Brown, M Dawson, C Munn, C Coulter* 17.12.16 - Bangor Aurora	**3:40.02**	4 x 100m Medley Team Relay – Club	**4:17.57**	Ards - *B Firth, Z Thompson, E Reid, MK McDowell* 04.12.15 - Lisburn
Bangor - *C Curtis, J McMillan, J Sloan, D Thompson* *16.12.18* - Ponds Forge Sheffield	**3:14.25**	4 x 100m Freestyle Team Relay - Club	**3:49.60**	Ards - *B Firth, E Reid, R Reid, MK McDowell* *05.12.15 - Lisburn*
Bangor - D Thompson, J Sloan, C McCaughey, J McMillan 08.12.16 - Aurora Bangor	**7:25.12**	4 x 200m Freestyle Team Relay - Club	**8:31.10**	Ards - B Firth, E Reid, R Reid, MK McDowell 29.11.14 - Lisburn

Name	Event	Time
Ards – B Firth, MK McDowell, C Munn, C Coulter -29.11.14 - Lisburn	Mixed 4 x 50m Freestyle Relay - Club	**1:37.96**
Ards – P Johnston, R McDowell, E Coulter, G Davison – 13.12.25 - NAC Dublin	Mixed 4 x 50m Medley Team Relay - Club	**1:44.75**

ULSTER SHORT COURSE RECORDS based on claims received as of 21st October 2026

ULSTER JUNIOR RELAY SHORT COURSE RECORDS				
Boys		**Event**	**Girls**	
Name	**Time**		**Time**	**Name**
Ulster - P Johnston, J Angus, O Mallon, D Wiffen 29.04.17 - Interpro' NAC Dublin	**1:48.66**	4 x 50m Medley Team Relay - Representative	**2:00.58**	Ulster - C Quinn, Z Thompson, R Reid, A McCrea 08.05.16 - NAC Dublin
Ulster - *D Registe, D Harvey, M Moan, B Cummings* 20.03.22 - NAC Dublin	**1:38.54**	4 x 50m Freestyle Team Relay - Representative	**1:48.73**	Ulster - L Bethel, A McCrea, Z Thompson, R Reid 08.05.16 - NAC Dublin
Ards - *A Barnes, M Hand, C Eatwell, C Dunnion* 18.12.21 - NAC Dublin	**1:43.66**	4 x 50m Medley Team Relay - Club	**1:58.84**	Bangor – R Lavery, G Eyre, O Falls, C Stewart 14.12.25 – NAC, Dublin
Ards - *C Dunnion, M Hand, D Kennedy, A Barnes* 16.12.21 - NAC Dublin	**1:35.67**	4 x 50m Freestyle Team Relay - Club	**1:49.24**	Ards - *E McKibbin, H McBride, S Armstrong, A Kane* 18.11.18 - Lisburn
Ulster - *K Wilson, S McNarry, M Cummings, J Hiscocks* March 90 - Grove	**4:24.70**	4 x 100m Medley Team Relay - Representative	**4:40.39**	Ulster - *D Johnston, S Dugan, M Madine, J Corish* January 86 - Castlereagh
Ulster - *S Howard, K Wilson, R Lenaghan, J Hiscocks* August 90 - Dublin	**3:42.51**	4 x 100m Freestyle Team Relay - Representative	**4:12.67**	Ulster - *M Madine, D Johnston, S Dugan, J Corish* January 86 - Castlereagh
Standard	**8:09.00**	4 x 200m Freestyle Team Relay - Representative	**8:50.00**	Standard
Ards - *P Johnston, J Angus, C Armstrong, T Uprichard* 16.12.16 - Aurora Bangor	**3:56.93**	4 x 100m Medley Team Relay – Club	**4:18.72**	Ards - *S Armstrong, Z Thompson, R Reid, V Catterson* 18.12.16 - Aurora Bangor
Larne - *W Logan, G Williamson, S Traill, C Leaney* December 06 - Grove	**3:35.99**	4 x 100m Freestyle Team Relay - Club	**3:56.39**	Ards - *R Reid, Z Thompson, S Armstrong, V Catterson* 16.12.16 - Bangor Aurora
Lisburn - *J Fleming, D Wiffen, O Mallon, N Jennings* *18.12.16 – Aurora Bangor*	**7:45.05**	4 x 200m Freestyle Team Relay - Club	**8:34.25**	Ards - *V Catterson, S Armstrong, Z Thompson, R Reid* *17.12.16 – Aurora Bangor*

Name	Event	Time
ARDS - A Barnes, B Cummings, K Aiken, G Davison – 05.11.22 - Lisnasharragh	Mixed 4 x 50m Freestyle Relay - Club	**1:40.93**
ARDS - A Barnes, K Aiken, C Eatwell, G Davison – 05.11.22 - Lisnasharragh	Mixed 4 x 50m Medley Team Relay - Club	**1:49.71**